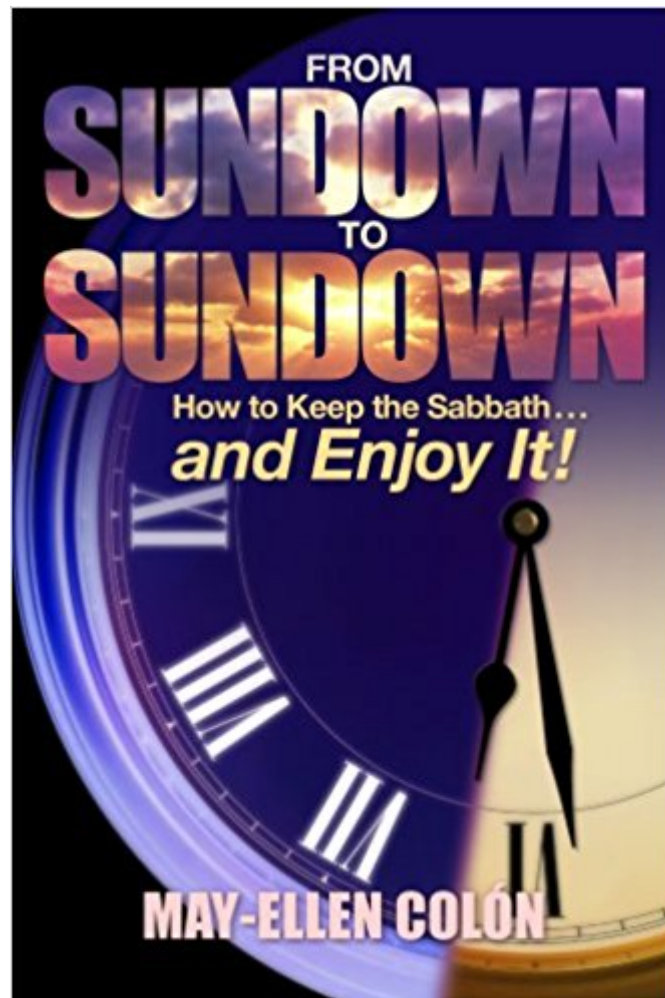




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# From Sundown To Sundown: How To Keep The Sabbath...and Enjoy It!



## Synopsis

At the heart of the Sabbath is a Person - Jesus Christ. He's the Source of the joy we find in this special day. So if you're looking for a recipe for Sabbath keeping that contains all the dos and don'ts, you'll be disappointed. This book goes beyond rules to the principles of Sabbath keeping and beyond the principles to a Person. Perhaps you've noticed there is another word hidden within Sabbath - Abba - an endearing Aramaic term meaning "Father" or "Daddy". The Sabbath hours enclose us in God's presence. The Bible does not say, Remember the Sabbath day to keep it gloomy. Abraham Joshua Heschel, the great Jewish writer, believed it was a sin to be sad on the Sabbath. Are you satisfied with the way you celebrate the Sabbath? Try this test: which brings you the most joy - sundown on Friday or sundown on Saturday? Need some help revitalizing your Sabbaths? Dr. Colon identifies fifteen biblical principles to guide you that are based on the characteristics of God. He loves you and wants to spend time with you. In fact, each Sabbath is an opportunity to take a vacation with Him and His family!

## Book Information

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## Customer Reviews

very imformit would thoroughly recommend it to any one who wanted to follow the bible

This book is written by an Adventist, and I am not an Adventist; however, their strength seems to be honoring God on the Sabbath. Christians who worship on Sunday can benefit greatly from this book which trys in a very heartfelt way to convey the reasons and spirit behind how and why we should

honor God on our day of rest. It does not spend much time arguing which day that day of rest is. This book is about deeper things. This may be my favorite book as it addresses my goal in life to slow down, relax and find the joy provided by God when I honor Him. I'm still many months later trying to absorb the information that is timeless and I believe critical for every Christian regardless of Denomination.

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